After reading each chapter, answer the associated questions.

**Chapter 1:**
1. As we evaluate our lives, the author Gene Goetz encourages us “to be on guard.” What does this mean to you?

   _______________________________________________________________________

   _______________________________________________________________________

   _______________________________________________________________________

**Chapter 2:**
1. When Paul stated that a mature man is “above reproach” (1 Tim. 3:2), fortunately he was not referring to _______________. Rather, he was simply stating that we should have a _______________ _______________.

2. Why does the author Gene Goetz refer this quality as an “overarching characteristic” and “a summary quality?”

   _______________________________________________________________________

   _______________________________________________________________________

**Chapter 3:**
3. Having only one woman in a married man’s life and being faithful to her refers to the characteristic of _______________ _______________.

4. List the 5 steps to Moral Purity:
   a.
   b.
   c.
   d.
   e.

5. How does the author define the phrase “with lust for her.”

   _______________________________________________________________________

   _______________________________________________________________________

**Chapter 4:**
6. A temperate man is a man who: (P. 46)
   a.
   b.

7. As Christian men we are to be “men of hope.” What does this Christian Hope refer to?
   a.
   b.
Chapter 5:
8. Refer to the section on Recognizing Prudence for the following:
   a. A prudent man is a ________________________________.
   b. A prudent man has a ________________________________.
   c. A prudent man knows how to __________________________.

Chapter 6:
9. Read Chapter Six. Reflect and answer the following two questions in the space provided below. Am I living a well-ordered life? In what areas of my life do I need more order?
   ____________________________________________________________
   ____________________________________________________________
   ____________________________________________________________

Chapter 7:
10. What does the word “hospitable” mean? (P. 77)
    ____________________________________________________________

11. What is the basis of hospitality? (P. 79)
    ____________________________________________________________

12. What is the test of true Christian love? (P. 79)
    ____________________________________________________________

Chapter 8:
13. According to Gene Goetz, what does being “able to teach” mean?
    ____________________________________________________________

14. If our true identity is in Jesus Christ we will be enable to be in control of our _____________
    and _____________. (P. 90)

15. List the three significant qualities that a man who is able to teach must demonstrate:
   a. ________________________________
   b. ________________________________
   c. ________________________________

Chapter 9:
16. How does the author define the characteristic “Not addicted to wine.”
    ____________________________________________________________

17. What type of behavior was Paul concerned with when he outlined a profile for Christian maturity? (P. 101)
    ____________________________________________________________

18. Reflection: On page 104, Mr. Goetz writes, “As Christians we should do nothing that will interfere with our health. We must remember that the Holy spirit dwells within us, and he wants to use our bodies to glorify Jesus Christ, and to carry out His purposes on this earth.” Reflect on the following questions: How is my health? Am I taking steps to maintain good health or improve my health? Am I appropriately addressing unhealthy or addictive habits?
Chapter 10:
19. Read the first paragraph on page 112. In the marriage relationship, why do men fall more easily into self-centeredness? Identify two reasons:
   a. 
   b. 

Chapter 11:
20. Anger allowed to linger can eventually turn into _______________. (P. 124)
21. Anger that persists will inevitably become _______________. (P. 125)

Chapter 12:
22. As a result of the Fall, sin is in each of us – not just the _______________ to sin, but sin _______________. (P. 141)
23. The point of Chapter 12 is that sin is destructive and leads to destructive behavior. To overcome sin we must take the initiative and become a mature person in Jesus Christ regardless of how _______________ it is.

Chapter 13:
24. Reflection: After reading this chapter, take time to reflect on and evaluate the relationships you have with family members, close friends, and co-workers. Are there any relationships in which you are having difficulty in treating the person fair-minded and gently? What steps can you take to improve how you relate to this person?

Chapter 14: After reading Chapter 14, respond to the following:
25. No concept is more important in the Scriptures than _______________. (P. 165)
26. Name two things the author identifies as demonstrating unity among Christians: (P. 166)
   a. 
   b. 
27. According to the author, what does unity communicate? (P. 166)
   _____________________________________________________________________________
   _____________________________________________________________________________

Chapter 15:
28. TRUE or FALSE (Circle One): According to the author, being a Christian and being generous should be inseparable.
29. Reflection: After reading Chapter 15, identify some areas in your life where you have allowed the “material side of life” to cause you to lose spiritual perspective. Share these with a close Christian friend or one of your CoH brothers and pray for one another.

Chapter 16:
30. More reflection: After reading this chapter, answer the following question. What do you believe are the most significant areas most men need to consider to be better husbands and fathers? Consider your own experiences.
   _____________________________________________________________________________
   _____________________________________________________________________________
   _____________________________________________________________________________
Chapter 17:
31.–35. How does the book describe the Christian man who love himself: (P. 201)
a. A victim of the _________________________________.
b. He is _______________ and _________________.
c. His needs are _________________________________.
d. He is driven by _________________________________.
e. In short, he is _________________________________.

Chapter 18:
36. Describe the two basic meanings in which the New Testament writes used the word “just.” (P. 213)
a.  
b. 

37. What do theologians mean by “positional righteousness?”

___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________

Chapter 19:
38. TRUE or FALSE (Circle One): We can earn holiness by engaging in religious ritual. (P. 225)
39. Name the primary resource that enables us to walk in the spirit.
a. ______________________________________

Chapter 20:
40. Refer to the New International Version of the Bible to complete the following:
“Therefore, since we are surrounded by such a great crowd of witnesses, let us _______________ _______________ everything that hinders and the sin that so easily _______________. And, let us run with _______________ the race marked out for us, _______________ our eyes on Jesus,…”

Upon completion of the book, review and complete the survey at the end of Chapter 20. Two copies have been provided as part of this review sheet. You are encouraged to ask one other person who is a Christian and know you well to complete a survey. Suggestions include your wife if you are married. If you are single a close friend, a brother in your Band of Brothers, or a relative. Ask them to be honest and objective in each of their assessments. Please use the instructions on pages 145 – 146 under “Points of Action” as your guide. The goal is not to get a perfect score because no one will. The goal is for us to set specific spiritual goals we want to achieve in our Christian lives.

Did you read the book? _______ Yes ______ No

If you answered no, are you reading the book now and do you intend to completely read the book in its entirety? _____ Yes _____ No
**“Measure of a Man” Christian Maturity Survey**

Name of person completing: __________________
Relationship: __________________

Note: If you are a family member or friend, please refer to all uses of the word “your” to the person who asked you to complete this survey. For example with question #1, “How do you evaluate John’s overall maturity as a Christian?”

**Overall Spiritual Maturity**
1. How do you evaluate your overall maturity as a Christian?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**Above Reproach**
2. How do you evaluate your reputation as a Christian among fellow believers as well as among non-Christians?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**The Husband of One Wife (Moral Purity)**
3. How do you evaluate your moral life?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**Temperate**
4. How do you evaluate the degree to which you are maintaining balance in your Christian experience?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**Prudent**
5. How do you evaluate your ability to be wise and discerning?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**Respectable**
6. How satisfied are you with the way your life reflects the life of Jesus Christ?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**Hospitable**
7. How do you evaluate your generosity?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**Able to Teach**
8. How do you evaluate your ability to communicate with others who may disagree with you?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied

**Not Addicted to Wine**
9. To what degree are you satisfied with your ability to control various kinds of obsessions and compulsions?
   - Dissatisfied 1 2 3 4 5 6 7 Satisfied
Not Self-Willed
10. How satisfied are you with your ability to relate to other people without being self-centered and controlling:
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Not Quick-Tempered
11. How satisfied are you with the way you handle anger?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Not Pugnacious
12. How satisfied are you with your ability to control any form of verbal or physical abuse?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Gentle
13. How objective and fair-minded are you in your relationships with others?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Peaceable (Un-contentious)
14. How satisfied are you with your ability to avoid arguments?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Free From the Love of Money
15. How satisfied are you with your ability to be non-materialistic?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Manages His Own Household Well
16. If you are a father, how satisfied are you with your ability to function in this role according to God’s plan?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Loving What is Good
17. To what degree are you satisfied with your efforts at overcoming evil with good?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Just
18. How satisfied are you with your ability to be just and fair in your relationships with others?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Devout (Holy)
19. To what degree are you satisfied with the way your life reflects God’s holiness?
   Dissatisfied 1 2 3 4 5 6 7 Satisfied

Self-Controlled (Disciplined)
20. How satisfied are you with your ability to live a disciplined Christian life?
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“Measure of a Man” Christian Maturity Survey

Name of person completing: __________________  Relationship: _______________

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3. How do you evaluate your moral life?
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